

We claim:

- 1) A homogeneous gelled composition comprising an edible gelling component and a laxative component.
- 2) The composition according to claim 1, further comprising at least one additional component selected from the group consisting of flavors, dyes, fragrances, stabilizers, sweeteners, and preservatives.
- 3) The composition according to claim 1, wherein said gelling component comprises at least one gelling substance selected from the group consisting of gelatin, pectin, carrageenens, agarose, agar, and agar-agar.
- 4) The composition according to claim 1, wherein said laxative component comprises at least one ingredient selected from the group consisting of bisacodyl, docusate, polyethylene glycol, sodium sulfate, sodium bicarbonate, sodium chloride, potassium chloride, potassium sulfate, sodium phosphate, phosphoric acid, and magnesium citrate.
- 5) The composition according to claim 1, wherein said laxative component is a Sodium Phosphate oral solution as described by the National Formulary monograph in the National Formulary (USP 23/NF18, p. 1430).
- 6) The method of making a gelled laxative formulation whereby the composition is prepared in its entirety at the factory and is supplied in a ready-to-use form.

- 7) The method of making a gelled laxative formulation whereby components of the composition are supplied to the user and the user further prepares a gelled form for use.
- 8) The method according to claim 7 whereby dry components are supplied in a mono-package, whereby the user adds water and further prepares a gelled form for use.
- 9) The method according to claim 7 whereby dry components and liquid components are supplied individually, whereby the user combines the components and further prepares a gelled form for use.
- 10) The method according to claim 7 whereby dry components and liquid components are supplied individually, whereby the user combines dry and liquid components with water and further prepares a gelled form for use.
- 11) The method of using a gelled laxative formulation whereby the gelled composition is administered in bite-size pieces.
- 12) The method according to claim 11 wherein the gel is cold.
- 13) The method according to claim 11 whereby the gelled composition is swallowed after minimal chewing.
- 14) The method according to claim 11 whereby the administration of the gelled composition is preceded by and, or accompanied by, and, or followed by, a drink of cold liquid.